

3.13 HOME SCIENCE (441)

3.13.1 Home Science Paper 1 (441/1)

SECTION A: (40 marks)

Answer ALL the questions in this section in the spaces provided.

- 1 Define the following terms as used in meal planning: (2 marks)
 - (a) blanch;
 - (b) essence.
- 2 State **two** reasons for basting foods while cooking. (2 marks)
- 3 Give **two** uses of carbohydrates in the body. (2 marks)
- 4 State **two** ways of conserving vitamin C in green leafy vegetables during preparation. (2 marks)
- 5 Highlight **two** disadvantages of réchauffé dishes. (2 marks)
- 6 Name **two** waterborne diseases caused by poor sanitation. (1 mark)
- 7 State **two** ways of enhancing personal appearance. (2 marks)
- 8 Identify **two** ways of meeting the emotional needs of a patient recuperating at home. (2 marks)
- 9 Distinguish between a cesspool and a soak pit. (2 marks)
- 10 Name **four** locally available materials that can be used to improvise cleaning abrasives. (2 marks)
- 11 State **two** advantages of regular cleaning of household items. (2 marks)
- 12 State **two** factors to consider when caring for a pit latrine. (2 marks)
- 13 Differentiate between a need and a want. (1 mark)
- 14 Highlight **two** advantages of having labels on consumer products. (2 marks)
- 15 Name **two** examples of builders added to soaps and soapless detergents during manufacture. (1 mark)
- 16 Give the main reason for repairing clothes before laundering. (1 mark)
- 17 State **two** advantages of using soft water in laundry work. (2 marks)



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