

GRADE 3

***** HYGIENE AND NUTRITION ACTIVITIES

NAME:	
AVERAGE GRADE	
AVERAGE POINTS	



HYGIENE AND NUTRITION

	RATE THE CHILDS ABILITY TO:	✓ INDICATE THE CHILD'S PERFORMANCE IN EACH QUESTION (us				N (use
QSN	The child can	Exceeding expectation	Meeting expectation	Approaching expectation	Below expectation	
1	Name four foods that you like eating.					
	a					
	b					
	C					
	d					



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2	Name four foods that can be eaten			
	raw.			





3	Name four food that you can take for breakfast.			



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4	Name four that are cooked before			
	eating.			





5	How many times should we brush					
	our teeth in a day?					
	Which foods are healthy for our					
	teeth?					
	teetii					
Remarks:						